



## **We appreciate your interest in Lovin' Spoonfuls!**

Handling fresh and prepared food requires compliance with regulations set forth by the state of Massachusetts and Lovin' Spoonfuls employs professional Food Rescue Coordinators who are licensed, insured, and ServSafe certified. This means that we are currently unable to take volunteers for food rescue due to these strict regulations.

However, we work with over 160 nonprofit partners who are often looking for extra help with a variety of services and projects. To help us better aid these partners, below you will find some specific information provided by each organization on how you (or a group of volunteers) could help their organization and the people that they serve.

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**About this Document:** Updated in November, 2021. We reached out to all of our beneficiary partners to inquire about their volunteer needs and COVID-19 related restrictions. The information for each organization is a combination of feedback they gave us, as well as information available on their websites. **Click on the organization titles to reach the websites for more information.**

**Listed below in red**, you will find organizations who have some difficulties meeting their volunteer needs and may require some extra support. **Listed in blue** are organizations who can take on larger volunteer groups.

### **Needs some support**

- A. Salvation Army South End**
- B. ABCD Roxbury/North Dorchester  
Neighborhood Opportunity Center**
- C. MetroWest YMCA**
- D. A Servant's Heart Food Pantry**
- E. Southwest Community Food Center**
- F. Open Pantry (Springfield)**
- G. Waltham Community Day Center**
- H. Orient Heights Tenant Association**
- I. Safe and Sound Recovery Center; BPHC**
- J. Boston Warm**
- K. ABCD Allston/Brighton**
- L. ABCD North End/West End**
- M. Selah Day Resource Center**
- N. Project SOUP Food Pantry**
- O. Margaret Fuller House**
- P. Parish Cupboard, Inc. Parish Cupboard  
Pantry**

- Q. St. Paul's Victory Assembly of God**
- R. Women's Lunch Place**
- S. Epiphany School**
- T. Mass Ave. Baptist**
- U. Friends of Longmeadow Older Citizens Association (Pantry) AKA Open Pantry (Longmeadow)**
  
- V. Pantry of Hope**
- W. Natick Service Council**
- X. Salvation Army Quincy**
- Y. Southborough Food Pantry**
- Z. Gandara Mental Health Center, Springfield Family Resource Center**

Take on groups:

- A. Healthy Baby, Healthy Child
- B. Alexander Magnolia Cooperative
- C. St. Paul AME Church Food Pantry
- D. The Salvation Army Holyoke, CES  
Emergency Food Pantry
- E. Freedom Hill Community Church
- F. Canton Food Pantry
- G. Daniel's Table
- H. Sudbury Food Pantry
- I. Salvation Army Waltham
- J. Victory Temple COGIC Victory Temple Food  
Pantry
- K. Charlestown Coalition
- L. Boston Temple Seventh-Day Adventist  
Church
- M. Crossroads Cafe
- N. Medway Food Pantry
- O. Needham Community Council Food Pantry
- P. Woburn Council of Social Concern
- Q. Loaves & Fishes Food Pantry
- R. Revival International Center
- S. Project Just Because
- T. St Stephen's Food Pantry
- U. Interfaith Social Services
- V. People Helping People Food Pantry
- W. Salvation Army Chelsea
- X. Needham Council on Aging
- Y. Open Pantry Community Services, Inc.  
Loaves and Fishes Kitchen
- Z. Cambridge Community Center
- AA. Norwood Food Pantry
- BB. East End House
- CC. Madison Park Development Corporation
- DD. Bread of Life Malden
- EE. Newton Food Pantry

### Salvation Army South End (Boston)

**About:** The Salvation Army's approach to feeding the hungry is formed based on the local needs of each community they serve, those in need across the Northeast can get nutritious, hot meals or groceries from their nearest Salvation Army Service and Worship Center.

**How you can help:** Volunteers needed every weekday to help with food packing and distribution.

**Groups:** Looking for up to two volunteers.

**Contact:** Kimberly Smith, [Kimberly.Smith@use.salvationarmy.org](mailto:Kimberly.Smith@use.salvationarmy.org)

### ABCD Roxbury/North Dorchester Neighborhood Opportunity Center (Roxbury)

**About:** The ABCD Roxbury/North Dorchester Neighborhood Opportunity Center offers Senior Brown Bag food distribution for Boston residents age 65 and older on the last Tuesday of the month, as well as a food pantry which is open Monday through Thursday 10:00 a.m. – 1:00 p.m.

**How you can help:** Volunteers needed Mondays through Fridays in the mornings and afternoons to help with unloading the food truck, stocking the pantry, and pre-making food bags.

**Groups:** Looking for up to two volunteers.

**Contact:** Joane Guzman, [joane.guzman@bostonabcd.org](mailto:joane.guzman@bostonabcd.org)

### MetroWest YMCA (Framingham)

**About:** The MetroWest YMCA is a cause driven charitable organization that is for youth development, healthy living and social responsibility, with strict nutritional guidelines and focus on fresh fruit and vegetables for donations.

**How you can help:** Volunteers needed Mondays, Wednesdays, and Fridays, in the mornings and afternoons to help with distributing meals and organizing donated food for families to shop through.

**Groups:** Looking for up to two volunteers.

**Contact:** Lolly Butz, [enews@metrowestymca.org](mailto:enews@metrowestymca.org)

### A Servant's Heart Food Pantry (Melrose)

**About:** The Faith Evangelical Church pantry is on Fridays and with a number of clients that varies from week to week.

**How you can help:** Volunteers needed all day every day to help with marking and shelving food, ordering and picking up food, bagging food for weekly distribution, distributing food, and monitoring the fee table.

**Groups:** Looking for up to two volunteers.

**Contact:** Leigh Ballweg, (781)-662-8226

### **Southwest Community Food Center (Quincy)**

**About:** Southwest Community Food Center is a program of the Quincy Community Action Program that runs a pantry serving Braintree, Milton, Quincy, Weymouth and surrounding communities.

**How you can help:** Volunteers needed all day every weekday to help with food ordering, preparation and distribution, and database entry and filing.

**Groups:** Looking for up to two volunteers.

**Contact:** Melinda Alexander, malexander@qcap.org

### **Open Pantry (Springfield)**

**About:** Open Pantry serves 140 people 4 days a week, on Mondays, Tuesdays, Wednesdays, and Fridays.

**How you can help:** Volunteers needed in the mornings and afternoons every weekday but Thursday.

**Groups:** Looking for up to two volunteers.

**Contact:** Terry Maxey, (413)-737-5353

### **Waltham Community Day Center (Waltham)**

**About:** Waltham Community Day Center serves a large meal every week, directly after distribution of food donations.

**How you can help:** Volunteers needed in the afternoons every weekday to help with clients assisting with case management, and to serve and/or clean up after lunch.

**Groups:** Looking for up to two volunteers.

**Contact:** Carolyn Montalto, director@communitydaycenter.org

### **Orient Heights Tenant Association (Boston)**

**About:** The Orient Heights Tenant Association represents the residents of the Orient Heights public housing community, has a small food pantry and partners with the Fresh Food truck, where people can purchase fresh food at a cheap price. Their site is currently serving as a free meals program for this coronavirus crisis.

**How you can help:** Volunteers needed in the mornings and afternoons on Mondays and Thursdays to help with unloading and separating donations to be handed out to folks.

**Groups:** Looking for up to three volunteers.

**Contact:** Michelle Carter, (617)-997-1919

### **Safe and Sound Recovery Center; BPHC (Boston)**

**About:** Safe and Sound Recovery Center provides peer-led, outpatient substance use services. These services include recovery coaching & planning, access to peer-led recovery support center, substance abuse groups, and peer leadership training opportunities.

**How you can help:** Volunteers needed all day every week day to help with running meetings and managing the front desk.

**Groups:** Looking for up to three volunteers.

**Contact:** Douglas Lomax, (617)-534-7783

### **Boston Warm (Boston)**

**About:** As part of a movement created by a coalition of religious leaders called “Boston Warm”, Old South began opening its doors to the homeless in February during the very cold, very snowy winter. They planned to be a refuge from the cold primarily, and therefore to close in April, but they decided to remain open through October. Boston Warm provides meals for their clients through food donations.

**How you can help:** Volunteers needed in the mornings and afternoons every week day to help with running meetings and managing the front desk.

**Groups:** Looking for up to three volunteers.

**Contact:** David Albaugh, [amanda@commoncathedral.org](mailto:amanda@commoncathedral.org)

### **ABCD Allston/Brighton (Allston/Brighton)**

**About:** ABCD Brighton Food Pantry has an on-site traditional pantry, as well as an outreach program that caters to individuals and families living in the hotels and motel.

**How you can help:** Volunteers needed in the mornings and afternoons every weekday to help pre-pack food bags, rotate food storage, and speak with clients.

**Groups:** Looking for up to three volunteers.

**Contact:** Elaina Schreckenberger, [e.schreckenberger@bostonabcd.org](mailto:e.schreckenberger@bostonabcd.org), (617)-903-3640

### [ABCD North End/West End \(North End\)](#)

**About:** This ABCD location offers many services, but their focus is on senior service and ESL classes, and other support for recent immigrants. They provide a meal open to community members on Mondays and Fridays, and sometimes on Wednesdays, and generally serve about 30-40 people. They also provide breakfast for their ESL students. Overall, they serve 2,400 clients.

**How you can help:** Volunteers needed Mondays through Wednesdays in the mornings and afternoons to help direct clients to where they need assistance, help manage amount of clients in center, help clients pick out and receive the produce they want from Lovin' Spoonfuls.

**Groups:** Looking for up to three volunteers.

**Contact:** Anna Gallagher, (617)-348-6000

### [Selah Day Resource Center \(Chelsea\)](#)

**About:** SELAH is a day shelter/program for the homeless population of Chelsea. They provide showers, bathrooms, and computers from 7am-1pm. They serve breakfast and lunch Monday to Fridays.

**How you can help:** Volunteers needed in the mornings and afternoons every weekday to help cook, aid in the kitchen, and to serve and greet.

**Groups:** Looking for up to three volunteers.

**Contact:** Riccardo Valle, selahcdrc@gmail.com

### [Project SOUP Food Pantry \(Somerville\)](#)

**About:** Project Soup operates a food pantry and a community meal program in Somerville. The food pantry serves 15-20 families per day, 4 days a week.

**How you can help:** Volunteers needed all day every weekday to help with bag packing, product gathering, and driving deliveries.

**Groups:** Looking for up to three volunteers.

**Contact:** David Jacobs, (617)-776-7687

### [Margaret Fuller House \(Cambridge\)](#)

**About:** The MFH Food Pantry provides over 18,000 lbs of food each month to individuals and families in need of basic sustenance. Over 3,200 individuals use the Pantry each year. The pantry is open Wednesdays from 5:00 to 7:30pm, Thursdays from 2:00 to 5:00, and Fridays and Saturdays from 9:00am to 12pm.

**How you can help:** Volunteers needed Wednesdays through Saturdays in the mornings and evenings to help with stocking shelves, packing produce, and serving the patrons.

**Groups:** Looking for up to four volunteers.

**Contact:** Kimberly Massenburg, [info@margaretfullerhouse.org](mailto:info@margaretfullerhouse.org)

### **Parish Cupboard, Inc. Parish Cupboard Pantry (West Springfield)**

**About:** The Parish Cupboard, founded in 1986 by Parish Association of local Protestant and Catholic Churches, has been helping the less fortunate members of West Springfield and Agawam for almost thirty years. They run a pantry and lunch program Monday through Friday. The pantry serves about 150 per month but not always in a set pattern. The lunch serves about 30 people each day. The Pantry is Open to West Springfield and Agawam Residents only. The meal is open to anyone.

**How you can help:** Volunteers needed in the mornings every weekday to help with giving out pantry food and serving hot lunch.

**Groups:** Looking for up to four volunteers.

**Contact:** Bob Fatsie, [parishcupboard@aol.com](mailto:parishcupboard@aol.com)

### **St. Paul's Victory Assembly of God (Mattapan)**

**About:** St. Paul's Victory Assembly of God helps serve breakfast, lunch, and dinners to the surrounding community.

**How you can help:** Volunteers needed in the mornings and afternoons on Mondays to help off-load and pack food.

**Groups:** Looking for up to five volunteers.

**Contact:** Jeremiah Kargbo, (617)-296-3037

### **Women's Lunch Place (Back Bay)**

**About:** Southwest Community Food Center is a program of the Quincy Community Action Program that runs a pantry serving Braintree, Milton, Quincy, Weymouth and surrounding communities.

**How you can help:** Volunteers needed every day but Sunday in the mornings and afternoons to help with varying duties.

**Groups:** Looking for up to five volunteers.

**Contact:** Sherry Hughes, [info@womenslunchplace.org](mailto:info@womenslunchplace.org)



### [Epiphany School \(Dorchester\)](#)

**About:** The Epiphany School runs a food pantry every Thursday at 2:30PM. They serve the families of the students that attend there.

**How you can help:** Volunteers needed all day every weekday to help with food ordering, preparation and distribution, and database entry and filing.

**Groups:** Looking for up to two volunteers.

**Contact:** Michelle Sanchez, (617)-326-0425

### [Mass Ave. Baptist \(Cambridge\)](#)

**About:** Southwest Community Food Center is a program of the Quincy Community Action Program that runs a pantry serving Braintree, Milton, Quincy, Weymouth and surrounding communities.

**How you can help:** Volunteers needed in the mornings and afternoons on Mondays and Saturdays to help with packing, moving, cleaning, and delivery.

**Groups:** Looking for up to five volunteers.

**Contact:** Rev. Brenda Brown, [info@massavebaptistchurch.com](mailto:info@massavebaptistchurch.com)

### [Friends of Longmeadow Older Citizens Association \(Pantry\) aka Open Pantry \(Longmeadow\)](#)

**About:** Open Pantry runs a pantry twice a week, serving about 29 families or 50 people per week. Tuesday pantry is 10-12, Friday pantry is 9-11. They also produce Meals on Wheels food in their kitchen.

**How you can help:** Volunteers needed in the mornings and afternoons on Fridays to help with pantry distribution.

**Groups:** Looking for up to five volunteers.

**Contact:** Jim Leyden, (413)-565-4150

### [Pantry of Hope \(Melrose\)](#)

**About:** Pantry of Hope is a small pantry in Melrose, they serve more than 300 families per year.

**How you can help:** Volunteers needed Tuesdays, Thursdays, and Fridays in the mornings and afternoons to help with stocking, shopping, weekly managers, and clerical duties.

**Groups:** Looking for up to five volunteers.

**Contact:** Pam Ross, [melrose1bc@gmail.com](mailto:melrose1bc@gmail.com)

### **Natick Service Council (Natick)**

**About:** The Vi Tutuny Food Pantry at NSC serves 60 families weekly who are required to make an appointment for specific dates and times. Families can receive 3-5 bags of non-perishable food and 1 bag of perishable food.

**How you can help:** Volunteers needed Mondays through Thursdays in the mornings and evenings to help with food pantry prep and distribution.

**Groups:** Looking for up to five volunteers.

**Contact:** Kelsey Hampton, [info@natickservicecouncil.org](mailto:info@natickservicecouncil.org)

### **Salvation Army Quincy (Quincy)**

**About:** Quincy residents are allowed a visit to the pantry once per month. The pantry is open for walk-ins Monday through Friday from 9:00am to 11:30am. They are given a list of items that they can create a “shopping list” from, then a volunteer assembles each client’s bag from the list they create.

**How you can help:** Volunteers needed in the mornings and afternoons every weekday to help with stocking and preparing the bags for the clients.

**Groups:** Looking for up to five volunteers.

**Contact:** Rezarta Prence, (617)-472-2345

### **Southborough Food Pantry (Southborough)**

**About:** Per their website, The Pantry maintains an assortment of basic foods as well as items not available for purchase with an EBT card, such as paper goods and personal care items. There are also refrigerated and frozen foods, and fresh fruits and vegetables are often available. There is even a *pet food pantry* to help you provide the essentials for your four legged companions. There are quantity limits and once a month only items based on availability. Clients may shop once a week.

**How you can help:** Volunteers needed Thursdays and Fridays in the mornings and evenings to help with waiting on clients, filling and delivering orders, stocking, shopping, and other miscellaneous tasks.

**Groups:** Looking for up to five volunteers.

**Contact:** Barbara Jandruie, [southboroughfoodpantry@gmail.com](mailto:southboroughfoodpantry@gmail.com)

### **Gandara Mental Health Center, Springfield Family Resource Center (Springfield)**

**About:** Southwest Community Food Center is a program of the Quincy Community Action Program that runs a pantry serving Braintree, Milton, Quincy, Weymouth and surrounding communities.

**How you can help:** Volunteers needed Wednesdays through Fridays in the mornings and afternoons to help with organization, maintenance and delivery, pick up, and distribution.

**Groups:** Looking for up to five volunteers.

**Contact:** Cindy Stovall, (413)-733-7699

### **Healthy Baby, Healthy Child (Mattapan)**

**About:** The Healthy Baby Healthy Child program provides home visiting to pregnant and parenting families with a child under the age of five who reside in Boston. Their food pantry provides for low income mothers and children, as well as other members of the community.

**How you can help:** Volunteers needed on Mondays, Wednesdays, and Fridays in the morning and afternoon.

**Groups:** Looking for up to 6 volunteers.

**Contact:** Shirley Shillingford, [hbhc@bphc.org](mailto:hbhc@bphc.org)

### **Alexander Magnolia Cooperative (Roxbury)**

**About:** Alexander Magnolia Cooperative is an affordable housing community in Dorchester, Massachusetts, currently housing almost 40 families and serving approximately 100 individuals per week.

**How you can help:** Volunteers needed on Monday mornings to receive donations and arrange them in an orderly manner, to make it easier for families to see what is available to them.

**Groups:** Looking for up to 6 volunteers.

**Contact:** Jacquie De Los Santos, [jacquie@faithassetmgt.com](mailto:jacquie@faithassetmgt.com)

### **St. Paul AME Church Food Pantry (Cambridge)**

**About:** St. Paul African Methodist Episcopal Church is a large church and community center that hosts a food pantry on Wednesdays and Thursdays.

**How you can help:** Volunteers needed on Wednesdays, Thursdays, and Fridays in the morning and afternoon to set-up, unload trucks, and distribute food.

**Groups:** Looking for up to 6 volunteers.

**Contact:** Frances Lewis, [food\\_pantry@spcambridge.org](mailto:food_pantry@spcambridge.org)

### **[The Salvation Army Holyoke, CES Emergency Food Pantry \(Holyoke\)](#)**

**About:** The Salvation Army Holyoke runs an emergency food pantry serves Holyoke, Chicopee, South Hadley, and Granby.

**How you can help:** Volunteers needed on Tuesdays and Thursdays in the morning and afternoon to help receive, bag and distribute food.

**Groups:** Looking for groups of up to 6.

**Contact:** Maria Flores-Lopez, (413)-532-6312

### **[Freedom Hill Community Church \(Malden\)](#)**

**About:** Freedom Hill Church is a church in Malden that runs a food pantry program on Tuesday nights.

**How you can help:** Volunteers needed on Mondays and Tuesdays in the afternoon and evening for food pick-up, shelf stocking and unloading, bagging, distributing, and data management.

**Groups:** Looking for up to 7 volunteers.

**Contact:** Christina Eliason, [office@freedomhill.church](mailto:office@freedomhill.church)

### **[Canton Food Pantry \(Canton\)](#)**

**About:** Canton Food Pantry has a Food Pantry on Tuesdays and Wednesdays, they serve many individuals and families, on a temporary basis, who have been affected by economic problems.

**How you can help:** Volunteers needed on Mondays, Tuesdays, Wednesdays, and Saturdays in the morning to help with stocking, helping clients shop, inventory, phone calls, and clerical tasks.

**Groups:** Looking for up to 8 volunteers.

**Contact:** Mary Buckley, [cantonfoodpantry@gmail.com](mailto:cantonfoodpantry@gmail.com)

### **[Daniel's Table \(Framingham\)](#)**

**About:** Daniel's Table distributes food to low-income families on Tuesday, Wednesday, and Thursday night with the goal of ending child hunger in Framingham.

**How you can help:** Volunteers needed Tuesdays through Fridays in the morning and afternoon to help with food packing, deliveries, meal prep, and organizing.

**Groups:** Looking for up to 8 volunteers.

**Contact:** David Blais, email [info@danielstable.org](mailto:info@danielstable.org), or fill out their website contact form [here](#).

### **Sudbury Food Pantry (Sudbury)**

**About:** Sudbury Food Pantry serves 60-80 families each week, they aim to help any family or individual in need, and no one is turned away from the pantry.

**How you can help:** Volunteers needed Mondays through Thursdays in the morning and afternoon to help with stocking, distribution, client registration, administration, and food drives.

**Groups:** Looking for up to 8 volunteers.

**Contact:** Chris Goff, [info@sudburyfoodpantry.org](mailto:info@sudburyfoodpantry.org)

### **Salvation Army Waltham (Waltham)**

**About:** Salvation Army Waltham runs a food pantry, after-school programming, and a soup kitchen—these three programs help upwards of 100 individuals and families every week.

**How you can help:** Volunteers needed Mondays through Thursdays in the morning to help with preparing food bags and boxes for the pantry, and helping to serve meals.

**Groups:** Looking for up to 8 volunteers.

**Contact:** Jennifer Scharn, (781)-894-0413

### **Victory Temple COGIC Victory Temple Food Pantry (West Springfield)**

**About:** Victory Temple COGIC Victory Temple Food Pantry is a Church pantry serving 150 people per week on Wednesday mornings.

**How you can help:** Volunteers needed Mondays through Saturdays in the morning and afternoon to help with cleaning, setup, document information, and serving.

**Groups:** Looking for up to 8 volunteers.

**Contact:** Pastor Ward, you can message Pastor Ward via Facebook [here](#).

### **Charlestown Coalition (Charlestown)**

**About:** Charlestown Coalition serves nearly 40 kids from ages 13 to 18 who come together for a nutritious meal, planned activities, resources, guest speakers, and to check-in with the staff.

**How you can help:** Volunteers needed Mondays through Fridays in the morning and afternoon to help with tutoring, administrative work, cleaning, filing, and food service.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Lori D'Alleva, (617)-726-0059

### **Boston Temple Seventh-Day Adventist Church (Fenway)**

**About:** The Lifeboat Food Pantry at Boston Temple Church is committed to serving the neighborhood by reaching out to those in need.

**How you can help:** Volunteers needed Tuesdays and Thursdays in the afternoon and evening to help with unloading trucks, sorting/preparing bags and boxes, and clean-up.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Nansee Ong, [info@bostontemple.org](mailto:info@bostontemple.org)

### **Crossroads Cafe (Jamaica Plain)**

**About:** Crossroads is a meal program in Jamaica Plain at the First Baptist Church that serves up to 100 people in a community meal on Wednesday evenings, 150 members of the youth group on the 1st Friday of every month, and up to 250 seniors on Saturdays.

**How you can help:** Volunteers needed Mondays through Wednesdays, and Fridays and Saturdays to help with chopping veggies, preparing meals, placing servings into containers, and packaging food donations.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Allan McClendon, [churchoffice@firstbaptistjp.org](mailto:churchoffice@firstbaptistjp.org)

### **Medway Food Pantry (Medway)**

**About:** Medway Food Pantry runs a pantry Tuesdays and Thursdays from 9am-11am, serving about 40 people a week.

**How you can help:** Volunteers needed Mondays through Thursdays in the morning to help with attendance keeping, taking orders, supervising bag filling, and client relations.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Paul Galante, email [medway.ha@verizon.net](mailto:medway.ha@verizon.net) or call (508)-533-2434

### [Needham Community Council Food Pantry \(Needham\)](#)

**About:** The Needham Community Council runs a food pantry throughout the week that allows Needham residents to both pickup food and have food delivered to them.

**How you can help:** Volunteers needed every weekday throughout the day to help with distributing and delivering food, stocking shelves, cleaning, and repackaging food.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Sandra Robinson, [office@needhamcommunitycouncil.org](mailto:office@needhamcommunitycouncil.org)

### [Woburn Council of Social Concern \(Woburn\)](#)

**About:** Woburn Council of Social Concern runs a food pantry that is open Tuesday morning and afternoon, Wednesday evening, and Thursday morning & afternoon, with a goal to get each client at least five pounds of fresh produce.

**How you can help:** Volunteers needed Mondays through Thursdays all day to help with stocking shelves, managing food by date, and serving clients.

**Groups:** Looking for up to 10 volunteers.

**Contact:** Paula Matthews, [paula@socialconcern.org](mailto:paula@socialconcern.org)

### [Loaves & Fishes Food Pantry \(Bellingham\)](#)

**About:** St. Blaise Catholic Church runs a food pantry on Tuesdays and aims to provide individuals with plenty of healthy groceries.

**How you can help:** Volunteers needed Mondays and Tuesdays in the morning to help check expiration dates, weigh items, store items, and clean, and on distribution day recheck perishables, set up items upstairs to be given out, place food items in vehicle trunks, offer some items to be chosen from "extra table", and client registration.

**Groups:** Looking for up to 12 volunteers.

**Contact:** Sue Durkin, [sdurkin@saintblaise.org](mailto:sdurkin@saintblaise.org)

### **Revival International Center (Chelsea)**

**About:** The Revival International Center in Chelsea runs a food program that has been helping people in Chelsea for 18 months by providing food to those in need.

**How you can help:** Volunteers needed all day on Mondays, Tuesdays, and Fridays, to help bring food boxes to the inside of the church, separate and distribute food boxes, clean and organize, and talk with people online to give information and orientation about community services.

**Groups:** Looking for up to 12 volunteers.

**Contact:** Elaine Mendes, [misselaine04@hotmail.com](mailto:misselaine04@hotmail.com)

### **Project Just Because (Hopkinton)**

**About:** Project Just Because helps struggling families in their times of greatest need by supplying basic necessities including warm clothing, food and school supplies, they run a food pantry and a separate gluten free food pantry Monday through Thursday.

**How you can help:** Volunteers needed all day Mondays through Thursdays to help with packing orders, assisting customers, and organizing donations.

**Groups:** Looking for up to 12 volunteers.

**Contact:** Max Vumbaca, [pjboffice@comcast.net](mailto:pjboffice@comcast.net)

### **St Stephen's Food Pantry (Lynn)**

**About:** St. Paul's is an episcopal church that runs a food pantry every Friday except for the first Friday of the month.

**How you can help:** Volunteers needed all day on Thursdays and Fridays to help with receiving, distributing, packing, and running food.

**Groups:** Looking for up to 12 volunteers.

**Contact:** Pamela Poppe, [pjboffice@comcast.net](mailto:pjboffice@comcast.net)

### **Interfaith Social Services (Quincy)**

**About:** Interfaith Social Services operates a Food Pantry in Quincy which is open for distribution Mon-Fri mornings, Tuesday evenings, and Saturdays, that serve 18,000 each year.

**How you can help:** Volunteers needed all day every week day to help with serving clients, stocking, sorting, and quality control of all food donations.

**Groups:** Looking for up to 10-15 volunteers.

**Contact:** Eileen Kelly, [info@interfaithsocialservices.org](mailto:info@interfaithsocialservices.org)

### **People Helping People Food Pantry (Burlington)**

**About:** Operating under the non-profit organization of People Helping People, the Burlington Food Pantry to any Burlington residents who meet certain financial qualifications to be eligible for



assistance, the pantry operates as a drive-thru, where food is largely custom packed while families wait in their car.

**How you can help:** Volunteers needed all day, every day except Sunday, to assist by sorting and organizing donations, helping clients during distribution, shopping on behalf of clients, carrying food to clients cars, shelving food, pre-packing certain items, and cleaning.

**Groups:** Looking for up to 15 volunteers.

**Contact:** Jane McIninch, [burlingtonpantry@gmail.com](mailto:burlingtonpantry@gmail.com)

### **Salvation Army Chelsea (Chelsea)**

**About:** Salvation Army Chelsea runs a food pantry twice weekly and a meal daily to the residents of Chelsea.

**How you can help:** Volunteers needed in the morning Mondays through Thursdays to support with packing, food distribution and setting up and cleaning up.

**Groups:** Looking for up to 15 volunteers.

**Contact:** Isael Gonzalez, [isael.gonzalez@use.salvationarmy.org](mailto:isael.gonzalez@use.salvationarmy.org)

### **Needham Council on Aging (Needham)**

**About:** Needham Council on Aging is a space for seniors to go during the day that provides a hot lunch through a program as well as healthy food for snacking throughout the day.

**How you can help:** Volunteers needed Mondays through Fridays in the morning and afternoon to help with setup, distribution and serving, clean up, maintaining supplies, shopping, and cooking.

**Groups:** Looking for up to 15 volunteers.

**Contact:** Aicha Kelley, [Seniorcenter@town.needham.ma.us](mailto:Seniorcenter@town.needham.ma.us)

### **Open Pantry Community Services, Inc. Loaves and Fishes Kitchen (Springfield)**

**About:** Our Loaves & Fishes Community Kitchen has provided prepared meals to people who are disadvantaged in Greater Springfield on a daily basis, lunch and supper are available seven days a week.

**How you can help:** Volunteers needed every day in the mornings and afternoons to help with food preparation, serving meals, and light cleaning duties.

**Groups:** Looking for up to 15 volunteers.

**Contact:** Darleen St Jacques, [opcs@openpantry.org](mailto:opcs@openpantry.org)

### [Cambridge Community Center \(Cambridge\)](#)

**About:** The Cambridge Community Center runs many food-related programs, including a food pantry and a soup kitchen, serving hundreds of people every week.

**How you can help:** Volunteers needed all day every week day, they are looking for pantry coordinators, servers, maintenance, and operation staff.

**Groups:** Looking for up to 15-20 volunteers.

**Contact:** Zachary Goldhammer, [info@cambridgecc.org](mailto:info@cambridgecc.org)

### [Norwood Food Pantry \(Norwood\)](#)

**About:** The Ecumenical Community Food Pantry of Norwood, Inc. also known as the Norwood Food Pantry, serves over 350 families in the towns of Norwood and Westwood, and encourages clients to use the pantry as a stepping stone toward independence.

**How you can help:** Volunteers needed every day in the mornings and afternoons to help set up personnel (tables, bakery receipt, sorting, food transfer to distribution area), traffic control, intake, greeters, make to go bags, shopping assistants, restocking assistant, cart bagging, delivery and sanitization, "extras" distribution, walker distribution, bag counter, home delivery bagging, and home delivery drivers.

**Groups:** Monday-Wednesday 3-4 volunteers, Thursday 10 volunteers, Saturday 18-20 volunteers.

**Contact:** Deb Devine, [norwoodpantry@gmail.com](mailto:norwoodpantry@gmail.com)

### [East End House \(Cambridge\)](#)

**About:** East End House is primarily a child care facility, but they also operate a small food pantry which serves 275-300 families each week on Tuesday and Fridays.

**How you can help:** Volunteers needed all day Mondays through Fridays to help with stocking the pantry, distributing food, and making food deliveries to homebound individuals.

**Groups:** Looking for up to 20 volunteers.

**Contact:** Michael Delia, [info@eastendhouse.org](mailto:info@eastendhouse.org)

### [Madison Park Development Corporation \(Roxbury\)](#)

**About:** Madison Park Development Corporation is a non-profit that independently developed affordable housing for low and moderate-income residents that runs a food pantry.

**How you can help:** Volunteers needed all day on Tuesdays and Fridays to help with unloading, packing and distributing bags of groceries.

**Groups:** Looking for up to 25 volunteers.

**Contact:** Leslie Stafford, [info@madison-park.org](mailto:info@madison-park.org)

### **Bread of Life Malden (Malden)**

**About:** Bread of Life Malden runs a food pantry that serves the Malden community and beyond, they also put on three meals per week at different sites in the area.

**How you can help:** Volunteers needed on weekday afternoons to help with unloading/loading the truck, stocking shelves, cleaning, bagging food, registering pantry members, giving out food, meal prep, delivering food, interpreting, and fundraising.

**Groups:** Looking for up to 25 volunteers.

**Contact:** McKay Russo, [info@breadoflifemalden.org](mailto:info@breadoflifemalden.org)

### **Newton Food Pantry (Newton)**

**About:** The Newton Food Pantry aims to alleviate food insecurity in Newton by providing supplemental food and personal care products to community members in need, their mission is to serve their clients with dignity, compassion and respect.

**How you can help:** Volunteers needed Mondays, Tuesdays, and Wednesdays in the morning and afternoon to help with food loading and unloading, bagging, shopping, client liaison, volunteer coordination, fundraising, marketing, website, and inventory management.

**Groups:** Looking for up to 25 volunteers.

**Contact:** Regina Wu, [newtonfoodpantry@gmail.com](mailto:newtonfoodpantry@gmail.com)